



Lourdes High School

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MIRROR

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Dear Parents and Friends of Lourdes,

Merry Christmas and Happy New Year. May the joy of the Christmas season stay alive in all of us throughout the year.

As a new calendar year begins it is a good time to review the LHS Dress Code. During the past few months of school there has been an increase in the number of students not compliant with dress code. The problem as I see it is not with the dress code itself, but with it not being systematically enforced. Looking back, extensive work was done to review and update the LHS Dress Code during the 2009 – 2010 academic school year. The implementation of the “new” dress code occurred in September 2010. Generally, throughout last year students complied with the requirements set by the dress code and enforcement was observed.

Again, the increase in the number of students not adhering to the dress code is a matter of a lack of enforcement. Clearly, enforcement of the dress code is critical for student compliance. A piece that was missing in our enforcement process was a simple method and process for recording violations. Previously, notification of dress code violations was completed electronically through email. But students didn't receive the email and many times were not aware that he or she even received a violation. So, to improve the enforcement process the following is being put into place:

I. Process for documenting Dress Code Violations (DCVs)

- A new paper triplicate form will be used: white copy to student, yellow to administration, and pink to parents.
- Dress code is checked in homeroom.
- If DCV can be corrected on the spot, teacher requests that student take care of the DCV and issues the white copy to the student.
- If the DCV cannot be corrected immediately, the student is sent to the office to be issued appropriate clothing. If the student does not wish to wear clothing provided by LHS administration he/she may call a parent to bring his/her own clothing or may leave with parental permission to get appropriate clothing. If a student is given permission to leave, it is the expectation of administration that the student will not be missing from class or school for more than two mods (approximately 36 minutes).
- The student may be placed on in-school suspension until they are wearing appropriate clothing.
- Once received in the office, an email is sent to the issuing teacher as confirmation of receipt.

II. Disciplinary Steps

- Each violation is mailed or emailed home to parents.
- Upon issuance of the 2nd DCV the student is called in to meet with an administrator (same day) to discuss the DCV and the next action to be taken.
- At the 3rd DCV the student is put on detention .
- At the 4th DCV the student is put on modified ISS.

During the first week back after Christmas break the enforcement will go into effect. Notification of the new enforcement process will be sent to families via email and also by AlertNow, our automated phone calling service.

Please refer to pages 7& 8 for a detailed reference guide of the LHS Dress Code or go to www.rochestercatholic.k12.mn.us/LHS/dresscode/default.aspx. Thank you for your cooperation. If you have any questions, please contact me, tdonlon@rochestercatholic.k12.mn.us .

Sincerely,

Thomas J. Donlon, Principal

As in years past, I want to communicate important information concerning two laws that the Minnesota legislature has passed to get tough on adult providers of alcohol to youth. One toughens criminal penalties, the other provides for civil remedies.

- A. **Criminal-Kevin's Law** increases criminal penalties for adult providers from a gross misdemeanor to a felony, in certain cases. It is a felony for a person other than a licensed retailer of alcoholic beverages, a bottle permit holder, a municipal liquor store, or an employee or agent of any of these who is acting within the scope of employment, to sell, barter, furnish, or give alcoholic beverages to a person under 21 years of age. If that person becomes intoxicated and causes or suffers death or great bodily harm as a result of the intoxication, a felony is charged.
- B. **Civil Cause of Action** expands civil liability to include causes of adult provision of alcohol to youth and allows injured parties the right to sue the adult provider to recover their damages. "A spouse, child, parent, guardian, employer or other person injured in person, property or means of support by an intoxicated person under 21...has for all damages sustained a right of action... against a person who is 21 years or older who:
- 1.) Had control over the premises and knowingly or recklessly permitted consumption of alcoholic beverages by a person under 21 that caused intoxication.
 - 2.) Sold, bartered, furnished, gave to, or purchased for a person under 21, alcoholic beverages that caused intoxication."

Under this law, coverage under a homeowner's policy is excluded from social host liability unless the homeowner's policy expressly covers it.

We are concerned about the pressures that our students face when it comes to the use or abuse of chemicals. Please be vigilant in monitoring your students. It is very easy for students to fall into the temptation of becoming involved with the use of illegal chemicals!

DEAN of ACADEMICS

Sarah Groven

January will be a busy month at LHS. As the semester comes to an end, it is time to prepare for final exams, and to get ready to register for the 2012-2013 school year. Here is some information that will help you keep on top of it all!

End of First Semester/Exams/Report Cards

The last class day of 2nd quarter is January 17. Final exams are scheduled for Wednesday, Thursday, and Friday, January 18-20. First semester ends Friday, January 20. There is no homeroom January 18-20. Students report directly to the exam site where teachers take attendance. Dress code is in effect! Students who arrive out of dress code risk missing an exam if they have to go home to change. School buses run on their regular schedules. Students do not have to be in the building if they do not have an exam. The test schedule with specific times and room assignments, will be posted in the halls by January 13. Report cards will be distributed to students the last week of January. Students do not have class Monday, January 16 or Friday, January 27.

Registration for the 2012-2013 School Year

Class of 2016 (Current 8th graders)

Parent Information Night for perspective freshmen was held in early December. If you were not able to attend and would like a tour of the school or have any questions please contact the Guidance Office. Course registration materials will be dropped off at each of the Catholic elementary schools in mid January. Registration forms can be dropped off at the Lourdes front office at any time mid to late January.

Registration for current LHS students

Current freshmen, sophomores and juniors will receive their registration materials for the 2012-2013 school year in February. During guidance classes, students will have the opportunity to discuss their placement in elective courses. We encourage parents to help their child select electives carefully. The course descriptions include the prerequisites students must have completed in order to register for a course. Students will register in their guidance classes.

Second Semester

Second semester begins Monday, January 23. Students will receive a final copy of their 2nd semester schedule after winter break. Students who signed up for yearlong classes must finish the second semester in order to receive full credit for the class.

Survey of 2011 Graduates

We mailed a survey in late December to all 2011 graduates. The survey serves as a tool to evaluate our programs and to document areas of strength and opportunities for improvement in academic preparation. This is the 15th year we have done the survey, and the results become part of our North Central Association (NCA) profile. Mr. Donlon will also share the results with each department as part of our improvement process. Please encourage your son/daughter to complete and return the survey in the enclosed stamped envelope. We take their comments and suggestions very seriously and would love to hear from 100% of the graduates. If your son/daughter did not receive a survey, please call 289-3991, ext. 101 and one will be sent immediately. Thank you for your cooperation!



PSAT & PLAN TEST RESULTS:

Sophomores and juniors received their PLAN or PSAT reports in Guidance classes before Christmas break. Their assignment was to share the information with their parents. If you have questions regarding the tests please call the Guidance Office, 289-3991, ext. 127.

Many juniors are registering for the February ACT test and all have begun ACT preparation through the internet ACT Preparation Program. They can access their accounts anytime and we can track what sections have been completed. The program includes practice tests in English, Math, Reading, Science and Writing.

ACT & SAT Test Dates:

	Test Date	Registration Deadline
ACT	2/11/12	1/13/12
	4/14/12	3/9/12
	6/9/12	5/4/12
SAT	3/10/12	2/10/12
	5/5/12	4/6/12
	6/2/12	5/8/12

CAMPUS MINISTRY— ON A MISSION

Rita Hendrickson, Director of Campus Ministry

Thank you!

Christmas Anonymous Outreach Program. We collected teenage new and gently used gifts to help with this outreach. Lourdes High School represented themselves with a small group of students/faculty helping with box packing the week before, and over 25 students offering to be shopping escorts on the day of the event. Campus Ministry would like to thank seniors Caroline Simari and Tyler Sloan, juniors Evelyn Torsher and John Luebbe for coordinating all the student escorts and gift shop organizers.

Thank you to those who participated in the Advent Adopt-A-Family. We were able to help 25 individuals with their personal needs and wants for Christmas. Thank you again for being beacons of light for many of these people who deal with issues of poverty, probation, abuse, lack of support systems and mental illness. Campus Ministry would especially like to thank Main Coordinator Lizzy Shelerud, and assistants Rachel Saltness, Natalie Cors for helping with this project. Alumni also assisted with the Adopt-A-Family program—thank you to Annie Wentz, Elizabeth Harris, and Megan Dekutoski for your generosity of time. We also thank all homeroom representatives, shoppers and gift wrappers. Our community raised approximately \$2,109 for this outreach. LHS joined the Rochester community in serving over 800 families.

Lourdes Chapel Mass

Celebration of Mass is offered on Tuesday morning at Our Lady of Lourdes Chapel at 7:30-7:55 am. All are welcome.



Boys Senior Kairos

There will be an informational meeting this month for all Senior Boys as an invitation for them to consider attending Kairos, Monday, March 26 - Thursday, March 29, 2012 at the Villa Maria in Frontenac.

Kairos means "God's Time." It is a three day, gender specific retreat experience to reflect on their relationship with others, themselves and with God. This retreat is for upperclassmen only. Boys Kairos Team: Ben Groteboer, Connor Nellans, Zach Shivers, Brian Utz, Jacob Nordman, Adult Team: Father Thompson, Mr. Clapp, Mr. Pearson, Mr. Cormack and Mrs. Hendrickson. Please encourage your son to attend. The cost is \$225. (Financial assistance is available - please do not let finances hold you back from this experience.) Any questions, please ask any member of the team.



Important Dates

Friday, January 7, 8:10 am Christmas Octave Weekday Mass, Church of St. John the Evangelist

Tuesday, January 31, 2012 Catholic Schools Week, "Faith, Academics, and Service" Weekday Mass 8:05am

Friday, February 10, Freshman Retreat, 8:45 am– 2:45pm, Church of the Resurrection

Freshman Retreat

We have invited the Youth Frontiers, Inc. of Minneapolis to lead us again for the Freshman Retreat. Youth Frontiers is a non-profit organization working with young people for over 21 years to deliver programs that improve school climate and strengthen student character with regards to virtues such as courage and respect. The freshman retreat will focus on respect, in a very dynamic way. The retreat is scheduled for Friday, February 10, 2012 from 8:30-8:45 am arrival to 2:30 –2:45 pm pick-up at Resurrection Church 1600 11th Ave SE, Rochester (just south of Mayo High School). Please drop off and pick up your teenager. We will begin with morning Mass at Resurrection Church.

FRESHMAN PARENTS:

1. You will need to provide transportation for your daughter or son that day.
2. This is a jeans day, please encourage appropriate/modest clothing.
3. Students are to bring a sack lunch and beverage or .50 for the pop machine.
4. I will need 5-8 parents who would be willing to donate 2 dozen store-purchased cookies/bars for this day.

Please contact Mrs. Rita Hendrickson with questions or if you can provide cookies/bars at 289-3991, ext. 9139 or via email, rhendrickson@rochestercatholic.k12.mn.us.

ATHLETIC DEPARTMENT

Marv Peters, Activities Director/Assistant Principal



Winter Sports Awards Night

The Winter Sports Awards Night will be held on Monday, February 28, at 6:30 p.m. in Alumni Hall.

Concession Workers

We are still in need of concession workers for a few of our boys and girls basketball games. If you would like to volunteer please call the Athletic Office at 289-3991 ext.130.



Don't forget about our ALL SPORT PASSES! For those of you who regularly attend our sporting events, they represent a nice savings. The adult pass sells for \$35 and the student pass is \$25. The passes are available in the Athletic Office as well as the ticket sales area at all home basketball and hockey games.

Important Dates

January

- 3 Classes resume
- 6 Mass 8:15 am, St. John the Evangelist Church
- 9 No AM Bussing
- 9 Sr. meeting with Jostens rep. 10:45 am
- 14 HVL One-Act Play Contest @ Triton
- 14 Sr. Class Party Spaghetti Dinner @ St. Pius X 4:30-7:30 pm
- 16 No School - Martin Luther King (Faculty Retreat)
- 18-20 Semester Finals
- 21 One Act Play subsections @ Triton
- 27 No School - Teacher Work Day
- 28 One Act Play Sectionals @ St. Mary's University
- 30 Catholic Schools Week begins
- 31 Mass 8:15 am, St. John the Evangelist Church

February

- 1/31-2/3 Catholic Schools Week
- 1 HVL Band Clinic @ Hayfield
- 3 Catholic Schools Week SOCS Parties
- 4 LHS Speech Invite
- 8 HVL Choir Clinic @ LHS
- 9 Freshman @ Minnesota History Center
- 10 Freshman Retreat @ Church of the Resurrection
- 10 Mass 8:15 am, St. John the Evangelist Church
- 11 Speech @ JM
- 13-18 Winter Week
- 16 Sophomores to Austin-Play
- 17 Early Release
- 18 Turn-About Dance
- 20 NO SCHOOL - President's Day
- 21 Distinguished Alumni Speaker 2:00 pm
- 22 Ash Wednesday Mass 8:15 am
- 25 Speech @ Red Wing
- 28 Winter Sports Awards Night 6:30 pm

Twelve Lourdes Music Department Events in 2012!

- January 7: Winter Drumline to attend "Day of Percussion" in Rosemount
- January 10: Lourdes Music Boosters meeting
- February 1: Band Clinic at Hayfield
- February 4: Winter Drumline competition in Eagan
- February 8: Vocal Clinic hosted by Lourdes
- February 16: Hi-Lighters perform at the Minnesota Music Educators Association in St. Paul
- February 18: Winter Drumline competition in Irondale
- March 3: Night of Jazz
- March 11: Winter Drumline competition hosted by Lourdes
- March 13: Large Group Contest at Lake City
- March 30: Music Department trip to Florida
- May 19: Spring Concert

In addition to these performances, competitions, and music clinics, the PEP BAND will be at many of our winter athletic events and the SPIRIT SHOP will be open for the sale of Lourdes Logo Wear. The MUSIC BOOSTERS welcomes all choir and band parents to our monthly meetings. The next big event is our Night of Jazz.

The Lourdes Music Department is planning its 12th Annual Night of Jazz! Join us for a night of musical talent on Saturday, March 3, 2012 beginning at 7:00 p.m. in Alumni Hall. The evening of entertainment will feature vocal and instrumental solos and ensembles, The Lourdes Hi-Lighters, Lourdes Center Street Singers, and the Rochester Catholic Schools Junior High Jazz Band. A dessert and beverage will be included with your admission. Adults \$10; Seniors/Students \$5; and Family \$30.00. Tickets will be available for purchase in early February.

Thank you for your support of music education for our students at Lourdes!

Speech Team Begins!

Speech Team is starting! We are gathering interested students and beginning the process of deciding upon categories for Speech Team. Tournaments begin the first weekend of February. We are especially interested in adding more 9th and 10th graders—it's not too late! Interested students should see Mrs. Goihl in room 107 asap. Parents of Speech Team members, please send your email contact information to Mrs. Goihl so you can be on the parent contact list.

Mrs. Goihl

lgoihl@rochestercatholic.k12.mn.us

LHS SPIRIT SHOP The Spirit Shop will be open the first 2 Wednesdays in January (1/4 and 1/11) in the Spirit Shop office at the Center Street entrance. We'll also be at the 5/6 gr basketball tournament January 14, Saturday, 9 am – noon, the Elementary/Junior High Music Concert at 6:30 January 17, Tuesday, in the LHS lobby, as well as January 21, Saturday, from 5:15-about 8 pm in the LHS lobby for the basketball games. Thank you very much for your support. Funds from the Spirit Shop supplement the Music Department's expenses for instrument repair and maintenance along with transportation costs.

Best Wishes to everyone for a Happy New Year from the Music Boosters.

GO EAGLES!

Rochester Catholic Schools
TUITION PLAN OPTION CHANGE in 2012-13

In our continued efforts to assess effective and fiscally responsible business practices, a change in the Tuition Payment Plans will be going into effect for the 2012-13 school year. With the support of the RCS Finance Committee, the Payment Options offered will be 12 Monthly Payments (July-June) -or- 1 Payment-in-Full (August). The Quarterly Payment option will be discontinued. We trust that this will result in improved operational efficiency, as well as secure a more reliable revenue stream for RCS operations. It is our respectful intent to notify you early of this decision to allow you ample time to make changes in your financial planning for the next school year, if necessary.

Thank You in advance for your support.

Hello, Lourdes High School Families,

The Lourdes High School Senior Class invites you to the Annual Spaghetti Dinner held on January 14, 2012 at St. Pius X school cafeteria from 5 to 7:30pm. This is a fundraiser for the senior class party held on graduation night. The party provides a safe and fun way to celebrate. Victoria's will be catering this event. Tickets are \$9 in advance and \$10 at the door with age 4 and under free. We are going green with this event—no tickets will be mailed. Reserve your meal by sending in the form below or by stopping in the \$CRIP office at LHS.

LHS Spaghetti Dinner Reservation Form

Please drop off or mail to:

Lourdes High School
Attention: Spaghetti Dinner
621 West Center Street
Rochester, MN 55902

Old Fashioned Italian Spaghetti Dinner

Catered by Victoria's Restaurant

Saturday, January 14, 2012

Tickets: \$9 in advance, \$10 at the door (4 & under = free)



Name:	# Tickets	Price/Ticket	Total \$ Amount
Email:		x \$9 per ticket	= \$



These parties will knock your socks off!

You are cordially invited to join RCS parents, former parents, alumni and friends on February 3, 2012, as we celebrate Catholic Schools Week with the SOCS (Support Our Catholic Schools) parties! Choose the SOCS Luncheon (11:30), or the SOCS Happy Hour (5-7:30 p.m.), both at the International Event Center. \$35 per person. Kick off those snow boots, tap your toes and mingle with your happy feet friends as you step up to Support Our Catholic Schools. Contact the RCS Advancement Office for reservations— (507)424-1817 or development@rochestercatholic.k12.mn.us. Sponsored by RCS and the Knights of Columbus.

Step up to Support Our Catholic Schools!



Save the Date!

April 28, 2012

*Make plans now to attend
Hearts of Gold, Purple Tie Affair
Kahler Grand Hotel*

A special event to benefit Lourdes High School

If you or your organization would like to be a sponsor of Hearts of Gold, please contact the RCS Advancement Office for details—(507) 424-1817 or development@rochestercatholic.k12.mn.us. If you would like to join the energetic committee working to plan this event, contact the RCS Advancement Office or the Hearts of Gold co-chairs, Sue Slightham, Susie Belda and Cheri Rowekamp.



RCS Council Meeting

The Rochester Catholic Schools Council will hold its regular monthly meeting on Wednesday, January 25, at 7:00 pm in the Lourdes High School Auditorium.

Lourdes High School
Dress Code Reference Guide 2011 - 2012

Note: Warm-weather wear will be extended to 4 weeks in Aug/Sept. and May/June. This means that approved shorts, capris, and warm-weather footwear are allowed. The standard dress code for tops remains in effect.

Tops

- All students must wear either:
 - A polo shirt, long or short sleeve, any color;
 - An oxford shirt, long or short sleeve (girls may wear $\frac{3}{4}$ length sleeve), any color.
- All students must comply with the 1-button rule. The 1-button rule means that all shirts must be buttoned at all times with the exception of the top button at the neck. Students may wear a solid color, graphic-free, short or long sleeve t-shirt under a buttoned, collared shirt.
- Logos or monograms on shirts cannot be any larger than 1 inch in diameter (approximately the size of a US Quarter). Administrative-approved Lourdes polo or oxford logoed shirts may be worn.

Bottoms

- All students are to wear "Dockers" style pants/trousers in Khaki, Black, Grey, Brown or Navy. It is preferred pants be free of utility or patch pockets. Cargo pants are acceptable.
- Boys should wear a belt at all times with pant waist sitting no lower than the top of the hip.
- Skirts must be purchased through the LHS Spirit Shop. See the LHS website for order forms. Skirt length must be at the top of the knee.

Footwear

- All students must wear socks or hosiery at all times.
- All students must wear closed-toe shoes with full sides at all times.

Warm-weather Wear:

- Students must wear dress code tops throughout the school year.
- Students may wear dress shorts or skorts during the first and last two weeks of the school year. Shorts and skorts must be mid-thigh or longer in length. Students may wear sandals during the first and last two weeks of the school year.

Additional Items

- Students may wear standard-issue Academic EagleWear (AEW). Items include:
 - Fleece jacket
 - Fleece vest
 - Sweaters
 - Wind jacket
- Academic EagleWear can be purchased through the LHS Spirit Shop. See the LHS Website for details.

Miscellaneous

- Jewelry/Make-up should be conservative with no visible body piercings or tattoos. Pierced ears and earrings, however, are acceptable.
- Hair must be well groomed, neat and clean at all times and reflect a positive image.

Out of Dress Code Items

Pants

- No rivets (metallic adornments)
- No form-fitting pants (pants so tight that the muscles in your calf, thighs, and/or backside are visible)
- No skin is allowed to show front or back
- No boxers, briefs, or undergarments are allowed to show, front or back
- No "jeggings"
- No "slim" pants
- No yoga pants
- No "skinny" pants
- No knit pants of any type
- No leggings
- No sweat pants
- No wind pants
- No spandex pants
- No workout pants
- No denim or denim look-a-like fabric
- No corduroy
- No flannel
- No rolled up pants
- No patterns/stripes/checks/plaid, etc. (i.e. solid color only)
- No designs (i.e. solid color only)
- No "khaki green"

Tops

- No sweatshirts
- No hoods or hoodies
- No t-shirts
- No straps must ever show
- No undergarments must ever show
- No skin is allowed to show front or back
- No form fitting tops (tight enough that your curves or physique show)

Headwear

- No hats
- No ear warmers

Outside apparel

- No coats or jackets of any kind other than the approved Academic EagleWear fleece or windshirt
- No sport team apparel
- No sport team jackets

Footwear

- No slippers
- No boots of any kind
- No flip-flops (other than during Warm Weather Weeks)
- No Crocs (other than during Warm Weather Weeks)
- No high heels
- No Clogs of any kind

Jewelry

- No face jewelry is permitted